

Lovin' Life

COPPER KNOB
DANCE COMPANY

Count: 32 **Wall:** 2 **Level:** Novice - Polka

Choreographer: Miquel Menendez, Katelin & Kelli Haugen - Nov 2016

Music: I Love This Life by LOCASH (BPM 112)



#16 Count Intro

SAILOR STEP, SAILOR STEP ¼ TURN, BRUSH, HITCH, STEP, SAILOR STEP 5/8 TURN

- 1 RF Cross behind LF
- & LF Step side left
- 2 RF Step diagonally forward right
- 3 LF Cross behind RF
- & RF ¼ turn left step side right (9.00)
- 4 LF Step diagonally forward left
- 5 RF Brush forward
- & RF Hitch
- 6 RF Step forward
- 7 LF ¼ turn left cross behind RF
- & RF ¼ turn left step side right
- 8 LF 1/8 turn left step forward (1.30)

GALLOP 4X, STEP, ½ TURN, CHASSE 3/8 TURN

- 9 RF Step forward
- & LF Step next to RF
- 10 RF Step forward
- & LF Step next to RF
- 11 RF Step forward
- & LF Step next to RF
- 12 RF Step forward
- 13 LF Step forward
- 14 RF ½ turn right (7.30)
- 15 LF 1/8 turn right step side right
- & RF Step next to LF
- 16 LF ¼ turn right step back (12.00)

WALK BACK 2X, COASTER STEP, WALK FORWARD 2X, BALL, TOUCH, STEP, SWEEP

- 17 RF Walk back
- 18 LF Walk back
- 19 RF Step back
- & LF Step next to RF
- 20 RF Step forward
- 21 LF Walk forward
- 22 RF Walk forward
- & LF Step forward
- 23 RF Touch behind LF
- & RF Step in place
- 24 LF Sweep from front to back

WEAVE, 1/8 TURN STEP, ½ TURN, STEP, 7/8 TURN, SWEEP

25 LF Cross behind RF
& RF Step side right
26 LF Cross in front of RF
& RF Step side right
27 LF Cross behind RF
& RF Step side right
28 LF 1/8 turn right step forward (1.30)
29 RF 1/2 turn right (7.30)
30 LF Step forward
31 LF 7/8 turn right (6.00)
32 RF Sweep from front to back

Restart (during walls 4 & 8) after 16 counts

Tag (after wall 9 facing 6.00)

CROSS BACK, STEP SIDE, STEP SIDE, CROSS BACK, STEP SIDE, STEP SIDE

1 RF Cross behind LF
2 LF Step side left
3 RF Step side right
4 LF Cross behind RF
5 RF Step side right
6 LF Step side left

Start again facing 6.00