

That's Life

Choreographed by Shane, Guillaume & Niels

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Type of dance: 32 counts, 4 walls
 Level: Improver
 Music: **Caught up in the country** by Rodney Atkins. Track length: 2.40 mins. Buy on iTunes etc
 Intro: Start after 32 counts. **Start with weight on L** 😊
 Restart: On wall 4, after 24 counts, facing 12:00. 😊

Counts	Footwork	End facing
1 – 8	Rock R fwd, shuffle ½ R, rock L fwd, jump back, touch, clap clap	
1 – 2	Rock R fwd (1), recover back on L (2)	12:00
3&4	Turn ¼ R stepping R to R side (3), step L next to R (&), turn ¼ R stepping R fwd (4)	6:00
5 – 6	Rock L fwd (5), recover back on R (6)	6:00
7&8	Jump back on L (&), touch R next to L (7), clap hands (&), clap hands (8)	6:00
9 – 16	Kick & point & point & kick &, rock R fwd, R coaster step	
1&2&	Kick R fwd (1), step R next to L (&), point L to L side (2), step L next to R (&)	6:00
3&4&	Point R to R side (3), step R next to L (&), kick L fwd (4), step L next to R (&)	6:00
5 – 6	Rock R fwd (5), recover back on L (6)	6:00
7&8	Step back on R (7), step L next to R (&), step R fwd (8)	6:00
17 – 24	L shuffle fwd, ½ R, R shuffle fwd, L jazz box ¼ L, touch together	
1&2&	Step L fwd (1), step R behind L (&), step L fwd (2), turn a sharp ½ R on L (&)	12:00
3&4	Step R fwd (3), step L behind R (&), step R fwd (4)	12:00
5 – 8	Cross L over R (5), step back on R (6), turn ¼ L stepping L to L side (7), touch R next to L (8) * Restart here on wall 4, facing 12:00	9:00
25 – 32	R chassé, L back rock, full turn galop	
1&2	Step R to R side (1), step L next to R (&), step R to R side (2)	9:00
3 – 4	Rock back on L (3), recover onto R (4)	9:00
5&6&	Turn ¼ L stepping L fwd (5), step R behind (&), turn ¼ L stepping L fwd (6), step R behind (&)	3:00
7&8	Turn ¼ L stepping L fwd (7), step R behind (&), turn ¼ L stepping L fwd (8)	9:00
Start again		
Ending	Wall 11 is your last wall which starts facing 6:00. Do the first 4 counts of the dance and you will automatically end facing 12:00 😊	12:00